

DINNER FOR SCHMUCKS
ROLE WAS NO-BRAINER FOR
PAUL RUDD, A VETERAN OF
SMART COMEDIES (page 13)



EDMONTON

Weekend, July 23-25, 2010 www.metronews.ca

®





Capital Ex parade thrills crowds

Onlookers were treated to the sights and sounds of the 105th edition of the Capital EX parade yesterday. More than 200,000 people were on hand to see the more than 100 floats that wound their way to City Centre.

RCMP mum on evidence

▶ Progress kept under wraps as investigation into whereabouts of Lyle and Marie McCann continues

• Police questioning Travis Vader

RCMP have concluded combing a campground west of Edmonton in their hunt for a couple missing for almost three weeks.

Sgt. Tim Taniguchi says investigators felt it was necessary to search the area near Nojack, which is not far from where police arrested a person of interest in the case earlier this week.

But he can't say what — if anything — was found, because the investigation into the whereabouts of Lyle and Marie McCann continues.

Taniguchi also says Travis Edward Vader is now in custody at the Edmonton Remand Centre.

He says the 38-year-old has been questioned by officers with the major crimes unit, but details of the interview can't be released either.

"I can tell you the investigation is continuing and if evidence was found then it would have to be processed through our forensic processes ... In reality, forensic evidence processing can take a significant amount of time." SET. TIM TANIGUCHI, REMP

The McCanns, both in their 70s, were last seen July 3 when they gassed up their motorhome in their home town of St. Albert, just north of Edmonton, before heading to B.C. for a family camping trip. THE CANDIAN PRESS

Honda Indy

Drivers revved to help kids

◆ Australian driving champ Will Power and Canadian driver Phillip Major pay Stollery Children's Hospital a visit to cheer up sick children. {page 3}

Indy bullies seek to rule

Dixon, Franchitti look to fight the Power during race {page 24}

Net has its fun with Mel tapes

Angry tirades turned into comedic mashups {page 21}



Woman still missing

Edmonton police aren't saying if they have any leads on the whereabouts of a woman who has been missing for a week.

Melanie Jerome, who is 47, was last seen at her north-side home on the evening of July 14 and her cellphone hasn't been answered for even longer.

Family members say that her disappearance is very much out of charac-

Forensics investigators have examined Jerome's

"She doesn't just get up and walk away and not call anybody for over a week. This is totally wrong. In 161/2 years, this is the first time I've never talked to my wife in longer than a day."

SCOTT KEITH, ON MISSING WIFE MELANIE JEROME

vehicle, which was found on the south side of Edmonton on Monday, but are not saying if anything out of the ordinary was found.

Jerome's husband is pleading for help in locating his wife.

Scott Keith says that Jerome drove away after they had an argument, but he said that the quarrel was not violent or physical.

News in brief

Bring your appetite

TASTE OF EDMONTON. So the Honda Indy and Capital Ex aren't enough for you? Well good thing Taste of Edmonton is taking place as well. From Friday until Aug. 1, the Taste will return and over half a million people will indulge their palates with some of best food and beverages that Edmonton



restaurants have to offer. Taste tickets can be used to purchase food, wine, beer, or other beverages at the Festival. For more info check out www.eventsedmonton.ca.

News on the move

- to scan 2D barcodes in Metro
- direct your mobile browser to relevant

On the web at



Peter MacKay on how Canada will wind down the mission in Afghanistan. Viďeo at canada

High flyers set to soar at Capital **EX ()** Exhibition begins Friday



ANDREAS MORSE @METRONEWS.CA

Edmontonians aren't the only ones gearing up for Capital EX. Kyle Demelo, from Osoyoos, B.C., is planning on flying high during the 10-day exhibition.

The freestyle motocross (FMX) rider has been on a bike since he was three but just started going after big air last year. The 18-year-old said the sport scares him but he couldn't see himself doing anything else.

"I grew up on a dirt bike," he said. "It's all I've ever known how to do. I can't play soccer, I can't play basketball, but I'm good at riding a dirt bike."

FMX and BMX riders will be performing Big Air Indemonstrations throughout the exhibition at the EX Zone.

All about style

- Freestyle Motocross is a variation on the sport of motocross in which motorcycle riders attempt to impress judges with jumps and stunts.
- The two main types of freestyle events are: Big Air and Freestyle.
- The Backflip was once considered the "holy grail of FMX." It was a trick that every rider considered impossible and was considered more appropriate in video games than in real life.

Point scale used by the 10 judges to evaluate style, trick difficulty and use of course





News in brief



Drake to party after show

PARTY TENT. Honda Indy weekend not only attracts the elite of the racing world, but also some of the biggest names in entertainment. And no one is hotter right now than Toronto rapper Drake, who is hosting an after-party following his Edmonton Event Centre show.

The after-party will take place at the Downtown Party Tent, an Indy partner, and will also features names like Maestro Fresh Wes, C & C Music Factory and Young MC.
Tickets are available now
through Ticketmaster.

METRO EDMONTON

Esks get in Indy groove

AUTOGRAPHS. Along with all the other festivities surrounding the Indy, some local gridiron heroes will be taking in the race-day atmosphere as well.

Edmonton Eskimos Patrick



Patrick Kabongo (pictured), Graeme Bell, Weldon

Brown, and Lawrence Gordon will be signing autographs at the City Centre Airport race site from 2:30-4:30 p.m., and the Cheer Team will be showing off some cool moves as well. Hopefully the Eskimos will be celebrating a victory over the Blue Bombers, who they are facing Saturday in Winnipeg. The Eskimos are hoping to snap a winless streak to start the season.

METRO EDMONTON

Indy drivers make side trip to kids' hospital

• Detroit-based Racing for Kids charity, operating since 1989, made visit to Stollery Children's Hospital possible



Got the power

- Hot start Will Power won the first two races of the 2010 season, at Brazil and St. Petersburg, making him the first IndyCar driver since Sam Hornish Jr. in 2001 to win the first two events of the year.
- Watkins Glen Power went on to win from the pole at Watkins Glen, giving Roger Penske his first Izod Inducar Series win at the historic track.



STEFAN STRANGMAN EDMONTON@METRONEWS.CA

Youngsters at the Stollery Children's Hospital got a visit on Thursday from some of the top drivers at this year's Honda Indy.

The kids were visited by Australian driving champ Will Power, and Canadian driver Phillip Major. Power is the winner of the 2009 race in Edmonton, and has four of the first nine races in the 2010 season.

"I just want to cheer them up," said Power. "I couldn't imagine spending my time as a child in a hospital bed ... I just want to make them smile."



04

◆ Thousands line the streets of downtown for annual summer parade
 ◆ Capital EX kicks off this weekend
 ◆ Horses, cars, cops and kids take over downtown for the day
 ◆ Sure sign of summer on city streets



TEXT AND PHOTOS ANDREAS MORSE



Parade opens Capital Ex

with a bang







Meet your marshal

Kevin Martin is the honorary parade marshal for the Capital EX parade, and grand marshal of the Honda Indy Edmonton.

- The Edmonton curler has been to three Olympic Games, and won gold in Vancouver
- Martin is a four-time Brier Champion.
- Martin is the first skip to win a career Grand Slam.







FIRST TIME EVER!! 0 EVENT, 0 DOWN - 0% INTEREST* - REBATES
UP TO \$5,000 - OVER 800 NEW/DEMO & PAST MODELS IN STOCK
- FREE GAS CARDS* - FREE TRIP VOUCHERS* - IT'S THE BIGGEST
EVENT AT MAYFIELD TOYOTA EVER!!

*0% FINANCING AVAILABLE

*\$5,000 REBATES AVAILABLE

*OVER 800 NEW/DEMO & PAST MODEL TOYOTAS
IN STOCK

*O DOWN PAYMENT AVAILABLE

*FREE GAS CARD OR TRIP FOR 2 VOUGHER WITH EVERY PURCHASE



PLUS... 0% FINANCING AVAILABLE
PLUS... 0 DOWN AVAILABLE
PLUS... EXTRA STAFF ON HAND FOR
THIS EVENT

DORT MISS OUR O EVENT!

SALE HOURS 9AM-9PM FRIDAY & SATURDAY





News in brief



Black heads for **Windy City**

PALM BEACH, Fla. Conrad Black's legal odyssey was was in high gear Thursday as he left the mansion where he spent the night.

He was presumably on his way to Chicago for a vital court appearance.

Black, above, was spotted in a black SUV as it exited the gates where the media had been holding vigil since he arrived after more than two years in a Florida prison.

Black's wife, Barbara Amiel, was in the SUV with him.

Black was to appear Friday before Judge Amy St. Eve — the same judge

who convicted him in 2007 on fraud and obstruction of justice charges. He was granted bail this week.

Port lockout set to end

MONTREAL. A lockout at the Port of Montreal is set to end Saturday morning, officials announced late Thursday. The suspension of operations was brought to a close by an agreement between management and workers. The longshoremen were locked out Monday by their employers over pressure tactics used in their contract dispute. THE CANADIAN PRESS

Bear no longer in a pickle?

ONTARIO. Officials believe a bear with its head stuck in a pickle jar may have freed itself. A canoeist spotted an empty plastic jar with fur in it near Lake Superior, Ontario's Ministry of Natural Resources said THE CANADIAN PRESS

Race-based hiring must go, Tories say

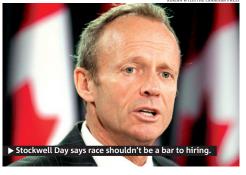
Harper team to review public service employment practices () 'We want to ensure no Canadian is barred'

The Harper government says race and ethnicity should not apply when it comes to landing a job in the public service.

The federal Conservatives have ordered a review of government hiring practices that currently give priority to qualified applicants from minority groups.

The Tories say favouring applicants from one group or another isn't fair.

"To say that you cannot apply for a job in your government, which is funded by your tax dollars, because you're not from an approved racial or ethnic category, it just seems in-appropriate on so many levels," Immigration Minister Jason Kenney said Thursday.



Treasury Board president Stockwell Day said no Canadian should be barred from a federal job because of race or ethnicity.

"While we support diversity in the public service, we want to ensure that no Canadian is barred

from opportunities in the public service based on race or ethnicity," Day said.

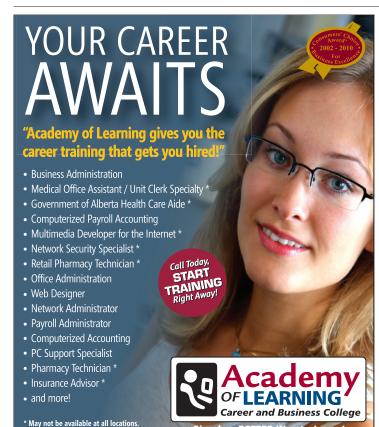
But New Democrat MP Pat Martin called the move a "full-frontal attack on affirmative action

THE CANADIAN PRESS

Take this job ...

The government's hiring practices have long been a matter of vigorous debate.

- The latest figures: More women, aboriginals and visible minorities worked in the public service last year than the year before
- As of March 2009: Women made up 54.7 per cent of the federal workforce, aboriginals made up 4.5 per cent, peo-ple with disabilities made up 5.9 per cent and visible minorities made up 9.8 per cent.
- An opposing view: The Public Service Alliance of Canada says of 5,000 jobs posted in 2008 only 91 jobs were designated for one group.



www.academyoflearning.ab.ca

Calgary Northeast (403) 569-8973 West Edmonton Mall (780) 496-9428



- Architectural CAD Technician
- Engineering CAD Technician
- Process Piping Design
- Computer Aided Drafter
- AutoCAD Operator
- Gaming Design and Animation
- and more!

Revit Architecture Autodesk Inventor 3ds Max

AutoCAD

Autodesk SoftImage Autodesk Maya



computer aided design training

#304, 10205-101 Street Call (780) 414-0200

Edmonton Downtown (780) 424-1144 Medicine Hat (403) 526-5833 Edmonton South (780) 433-7284 Red Deer (403) 347-6676 and more!

Sears* WAREHOUSESALE

While quantities last

SAVE AN ADDITIONAL

the already reduced clearance prices** of

- women's fashions men's fashions
- kids' fashions footwear intimate apparel



When you use your Sears® MasterCard® or Sears Card

or 40% off with all other forms of tender

Featuring our

Biggest Handbag & Fashion Accessories BLOWOUT





ALL WEEKEND LONG! JULY 24 & 25, 2010

Sears original ticketed prices

Plus, this weekend save an additional

% on *all clearance off priced patio furniture While quantities last

SAVE AN ADDITIONAL

already reduced clearance priced small appliances

Choose from KitchenAid®, DeLonghi®, Sunbeam®, Hamilton Beach®, Breville®, Oster® & Rival® brands.









*This savings offer excludes items with prices previously ending in .97.

**Offers exclude men's, women's & kids' Winter boots and boxed bras, briefs & bodybriefers. Selection varies by store.

Offer valid at Sears Department stores only, on approved credit.Offer ends Sunday, August 1, 2010, while quantities last.

®Registered trademark of KitchenAid USA. KitchenAid Canada licensee in Canada

NE073G310. © Sears Canada Inc.

'Damage clear' in China oil spill

China and environmental observers said cleanup efforts on the country's largest reported oil spill were progressing Thursday, but the environmental and economic damage was clear.

430^{The number} metres over which crude oil has coated the Yellow Sea off the coast of Dalian.

The cleanup — marred by the drowning of a worker this week, his body coatin crude oil continued over square kilometre stretch of the Yellow Sea off the northeastern city of Dalian, one of China's major ports. THE ASSOCIATED PRESS

N.S. man to fight back against cooler ticket



A Cape Breton man is fighting a ticket he received after being caught chugging along a sidewalk on a souped-up drink cooler. Neil Rideout of New Waterford was fined \$222 under Nova Scotia's Motor Vehicle Act last July for driving his motorized red cooler on a sidewalk.

Rideout says he plans to fight the ticket at a trial scheduled for Feb. 2 in provincial court.

THE CANADIAN PRESS



Kosovo as nation wins nod from UN

▶ International court deems Balkan country's independence legal Serbia 'won't recognize' ruling

Kosovo won a major victory on the world stage Thursday as the United Nations' highest court said its 2008 declaration of independence from Serbia was legal.

The nonbinding opinion by the International Court of Justice sets the stage for Kosovo to renew its appeals for further international recognition. The tiny Balkan country has been recognized by 69 countries, including the United States and most European Union nations. It needs 100 for full statehood.

"Kosovo's historic victory should not be felt as loss in Belgrade," Kosovo Prime Minister Hashim Thaci said, calling the ruling "the best possible answer for the entire world." Kosovo's foreign minister, Skender Hyseni, said upon leaving the court, "my message to the government of Serbia is 'Come



"We will never recognize the unilateral declaration of Kosovo's independence" VUK JEREMIC, SERBIAN FOREIGN MINISTER

and talk to us."

Serbia quickly de-nounced the ruling and vowed it would never recognize Kosovo as separate.

The United States said the ruling was "a judg-ment we support," accord-ing to State Department spokesman P.J. Crowley. "Now it is time for Europe to unite behind a common

THE ASSOCIATED PRESS



Financing Available!

780-488-9200

sofaland.ca

13030 St. Albert Trail.



Mon - Wed & Fri 10-6 • Thurs 10-9 • Sat 10-5 • Sun 12-5





4879-68 Street (Camrose). 780-672-6608





Way faster. Way easier. Way more fun. Galaxy Spica now runs on Android™ 2.1.

Heard about Android? It's mobile phone software from Google™ that's fast and easy to use - with access to fun, practical apps. (Now you know who that cute, green cartoon character is.) Heard about the Samsung Galaxy Spica? It's the latest touch smartphone from Samsung that uses the Android platform, and it now runs on Android 2.1. With a new app launcher, live wallpapers, voice typing, new Google widgets and a 3D photo gallery, the Galaxy Spica is a thrill a minute. With a zippier user experience and features like a 3.2 MP camera, global roaming, web browsing, and DivX and Xvid capabilities you can bring the fun with you wherever you go. To learn more, visit samsung.com/spicaupgrade.



TURN ON TOMORROW



THIS BRIDGE GOES NOWHERE

am driving my car. I turn right ... congestion. Road repairs one lane closed. No problem, I know a detour. Turning left ... jammed again. Bridge

repair — two lanes closed. Now I'm starting to get cranky. Then a road sign makes it all better: The \$12 million to fix the bridge will "stimulate the economy." And create 32.6 jobs! Only problem: It's not

true

This year alone, governments will spend almost \$10 billion in infrastructure stimulus funding — about \$550 per Canadian taxpayer. To "save" us from an economic crisis that,

according to most "experts," is over (or hasn't begun yet here).

We all want nice roads and bridges. But stop taking people for idiots. A bridge is not a recovery plan. It's a bridge.

Service Directory To advertise call 780-702-0

FINANCIAL



by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.

Call toll free: 1-877-776-1660 www.moneyprovider.com



☆ANSOU☆ The great spiritual healer Helps solving all problems Reunite loved ones. Divorce. Protect bad heart against vouch happiness. Samily, Love. Gambling. exual. success. Removings evil spell ad luck. Clear readings for anythin **★100% GUARANTEED ★**

Call: 780-655-4038

Food Supervisor
Needed at Azucar Picante
Ristorante & Cantina
3 Years min experience
Fluent in Spanish and English
Experience in Mexican Food \$15/hr.
Fax or email only:
Fax: 780 479 7406

DON'T BE THE LAST TO SEE IT.

Visit metronews.ca to watch

The video everyone's

metr@tube

talking about.

Economy slowing: BoC

Employment up, but not incomes Predicts dollar will stay lower Debt crisis in Europe, slowdown in China partly to blame SEAN KILPATRICK/THE CANADIAN PRESS

Canada's economy is slowing much faster than previously expected, the Bank of Canada said Thursday in a bleak outlook that stresses mounting risks from Europe's debt crisis and a possible global stall. Still, the bank said it

does not expect to backtrack on its current trend to higher short-term interest rates. Bank of Canada's key rate has risen half a point since early June, including a quarter-point hike on Tuesday.

The Bank of Canada's benchmark rate remains extremely low by historical standards, after it was lowered to a record low of 0.25 per cent in mid-2009 to stimulate borrowing and

Market moment

(96.22¢ US) (\$4.643 US)

GAS

OIL

DOLLAR

the help the economy recover from a major reces-

The projection includes gradual reduction in monetary stimulus consistent with achieving the in-flation target" of two per cent, the bank states in its quarterly monetary policy report.

The 28-page document makes clear that the Bank of Canada's governing council sees conditions in Canada and around the world deteriorating since it's last assessment in April, and risk factors in-

tensifying.
Canada's economy is already in the midst of a sharp pull-back compared with the strong 6.1 per

TSX

+ 154.43

► Bank of Canada governor Mark Carney press conference in Ottawa Thursday.

cent acceleration that occurred in the first three months of 2010, the bank

It estimates the just-ended second-quarter ended second-quarter growth will come in at three per cent, almost a full percentage point below what the bank forecast in April.

As well, the current third quarter - spanning the July to September period — will be even weaker with a 2.8 per cent expan-sion. That's seven-tenths of a point below the previous forecast. THE CANADIAN PRESS

Census loss may affect bank

Mark Carney says the Bank of Canada may need to search out other sources of information following the loss of the long census.

The Conservative government recently decided to replace the mandatory long census with a voluntary survey.

THE CANADIAN PRESS

Apartment Finder

To advertise contact Yvonne Markey at 780-701-0347

realstar management

BLUE QUILL APARTMENTS

1-888-241-8361 • 11615 28th Ave. NW Ask About 50% off SD and FREE Rent! 1 bedroom from \$895, 2 bedroom from \$995

WESTLAWN VILLAGE APARTMENTS

1-888-423-9792 • 9535 165th Street NW MACDONALD ESTATE APARTMENTS

1-888-289-4159 • 9925 Jasper Avenue

www.realstar.ca







2004 Turbo Cab #PW8012 Silver 29,200 kms \$83,900

Dream wildly. Rest easy.

Porsche Approved. Certified Pre-Owned Vehicles.

Presenting a rare instance of opposites happily co-existing. With the Porsche Approved Certified Pre Owned Program, you will find yourself behind the wheel of a vehicle that's been meticulously inspected and reconditioned by a certified Porsche technician. Then backed by an industry-leading limited warranty IntelliChoice recently named best luxury warranty for 2009. Which means you can rest easy knowing you've made not only a dream purchase, but a sound one too. Visit our website to learn more about the award, or experience the thrilling sense of security for yourself only at your authorized Porsche dealer. Porsche. There is no substitute.

2005 Carrera #PL8002 Silver 70,156 kms \$59,900

2008 Cayenne #PA8015 Silver 64,700 kms \$54,900



Norden Autohaus 17820 Stony Plain Road, Edmonton, AB www.norden.porschedealer.com







MINUTES WITH: MIKE BURTON

Mike Burton is the events director for Northlands and is in charge of directing the Honda Indy in Edmonton.

Can you tell me about the Honda Indy?

It kicks off tomorrow and we've made a lot of changes to the Indy in 2010. We have a new area called the Bud Zone, which is a family-friendly area, but is more for people who want to come have a cold drink and just relax. In that area we have a collection of cars from hot rods and collectors cars there, and the big deal is the races itself. For

"It's one of the premiere people-watching events of the summer. And if you like cars, it's the one-stop fix for car stuff."

\$60 you can get a day of racing and track excitement at the city centre airport.

Why should Edmontonians go to the Honda Indy?

First, it's one of the premiere people-watching events of the summer. And if you like cars, it's the one-stop fix for car stuff; they've got everything.

What's different about the Indy this year?

We've tried to make it more fan friendly have areas where fans can bring their own lawn chairs and coolers, sit on the grass and watch the race. We also have cover for people. We also have more cars for people to look at. Not to mention there's a midway with lots of food and cold beer.

What kind of names in racing do you have at the Indy?

All of the names in racing are here — Danica Patrick, Helio Castroneves — all of the big names. We also have a few Canadians here. We have Paul Tracy and a few others, and they're competing against the world in open wheel racing. There are more than 20 teams coming and we expect them to come to places around Edmonton and we hope they'll spend money in the capital and stimulate the econ-

STEFAN STRANGMAN

Cartoon

Hip to summer tunes





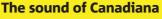
Letters

We asked: What song is the soundtrack of your

TORONTO. Without a doubt it has to be Bobcaygeon by The Tragically Hip. It's the kind of mellow escape that reminds me of summer, even in the worst winters

It's the kind of song you take camping with you. It can be the soundtrack to every summer. You don't get songs more Canadian than that. DEVIN GIBBONS

We asked: You win \$2,500: How would you spend it?





would probably return a portion to my mom, who loaned us some money recently, and treat my hus-band and I to a week at a cottage or mini getaway.

Even a night out in Toronto with dinner and accommodations would be great.

JUAN (JOANNE) COX

TORONTO. With \$2,500 I TORONTO. If I won \$2,500 I

would give it all to my sister so she can complete her private pilot's licence training.

KIMBERLY ANN KUKORAITIS

CALGARY. If I won \$2,500, I would put that money in my daughter's RESP account so it could be used towards her education when she grows up. SHELDON REGO

Metro has the right to edit letters and submissions.

@metroedmonton

Finish this line:

you must ...?

Email

Twitter

To be truly happy

edmontonletters

@metronews.ca

Metro Minute with Hope Mission BBQ

METRO EDMONTON • Suite 2070, 10123 - 99 Street • Edmonton, AB • T5J 3H1 • T: 780-702-0592 • Fax: 780-701-0356 Advertising: 780-702-0592 • adinfoedmonton@metronews.ca edmonton_distribution@metronews.ca

Publisher Steve Shrout, Managing Editor Harry Hodge, Sales Manager Cheryl Skogg, Distribution Manager Jim Hillman

METRO CANADA: Group Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, Associate Managing Editor Tarin Elbert. Scene/Life Editor Dean Lisk, Asst Managing Editor Amber Shortt, Art Director Laila Hakim, Nat'l Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

It's never easy being homeless. That's why Hope Mission will be providing some needed relief when it hosts its annual Hope Street BBQ Saturday.

The barbecue is open to the public from 3 to 5 p.m. and all the food and fixings are free.

The Hope Street Summer BBQ has been around for a number of years. The goal is to increase public awareness of Hope Mission programs and to help feed

the hungry.

The barbecue will be held in front of the Herb Jamieson Centre on 105 A Avenue and 100 Street.

Live music will enter-tain the crowds as they dig into some hotdogs and hamburgers.

METRO EDMONTON

Three days to play

HOW HAS THE RAIN IN EDMONTON AFFECTED YOU?



Miranda Allanchack

The rain didn't really affect me much, but I stayed in the house a lot more for the past few weeks because of it.



Ron Checora

The rain is joyous. The trees really need it ... but I have had to use my other bike.

We Think It's Time You Finally Got That Back Yard.

And so do they.



AND THERE IS NO BETTER PLACE TO DO IT THEN MCCONACHIE. IDEALLY LOCATED IN NORTH EDMONTON, MCCONACHIE OFFERS AN AMENITY RICH, FAMILY FOCUSED COMMUNITY, STARTING FROM THE LOW \$300'S.





ANED HOMES

SABAL HOMES - 780,756,2111 Innovations by Jayman - 780,756,0595 Beattie Homes - 780,756,2873



FRONT ATTACHED GARAGES

SABAL HOMES - 780,758,6950

JAYMAN MASTERBUILT - 780,756,0595

BEATTIE HOMES - 780,756,2870

SHOWHOME HOURS: Mon - Thurs: 2PM - 8 PM • SAT, SUN AND HOL: 12PM - 5 PM

MCCONACHIE.CA







Schmuck in middle of smart comedy

Once Dinner for Schmucks director Jay Roach showed him the funny, it was a 'no-brainer' for Rudd Film title's not controversial, Jewish star says



For Paul Rudd, the decision to star in Jay Roach's new comedy, Dinner for Schmucks, was an easy one.

"I thought the script was really funny," he says. 'That was it. It was kind of a no-brainer."

Of course Rudd, who's built an impressive resume of smart comedies including Anchorman and Role Models, was just as enamoured with the man behind the camera as he

was with the screenplay.
"One of the things I think is amazing about Jay is how versatile he is," Rudd says of Roach. "He's done so many funny movies and then he goes and does a movie like Recount, where he's just such a smart guy. He has all of this talent, yet he's the most self-effacing guy."

In Dinner for Schmucks, Rudd stars as Tim, an overextended finance worker looking to impress his boss (Bruce Greenwood). He's given a chance to do just that when he's invited to an exclusive dinner where the attendees bring the biggest idiot they can find. The schmuck with the most hilarious talent wins a trophy. Despite his moral hesitations, Tim can't help but think it's fate when he runs into Barry, a naïve simpleton played by Steve - another aspect Carell that made the film an easy choice for Rudd.

Some might have hesitations about a movie with "schmuck" in the title, but Rudd, who is Jewish, brushes off any controversy.

"My grandfather used to call me a schmuck all the time," he says. "You know, it's like the word 'putz.' When I was growing up, I thought the word 'putz' was a really funny word — 'Don't be a putz!' So I always thought a putz was just an idiot, but then my dad told me, 'A putz is a penis.' What's up with so many words that mean penis in Yiddish?"



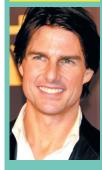
For movie trailers. listings, photos and tickets, visit metro news.ca/movies

Carell and his inner idiot

For Carell, getting in touch with his inner Schmuck was a blast. Used to playing bumbling on The Office, Carell even admits that he has some skills that could get him an invite to a real-life dinner for schmucks. "I play the baritone horn, so that could qualify me to get invited to one of these dinners," he says. "The baritone horn is like a mini tuba, and it's probably the least sexy instrument you could



In brief



Tom Cruise will appear on BBC's hit motor-themed TV show Top Gear. The **Knight and Day** star and **Cameron Diaz** will race in Kia Cee'd cars to see who can do the fastest lap.





Dog days of director

Brad Peyton knows the rules. "For directors, there's a list of things you're not supposed to do: kids and animals," he says. "The list goes on: robots, explosions, lots of visual effects."

Peyton's first feature film, Cats and Dogs: the Revenge of Kitty Galore, the cast was almost entirely of the furry, four-legged variety and the spy-games plot called for plenty of robots, explosions and effects. And he's completely aware of how bold of a choice that was.

"It just felt like we pretty much put everything into the first movie," he admits.

Peyton quickly learned that when dealing with canine actors, he'd have to do a lot of the heavy lifting himself. "A dog walks in-



to a room, doesn't know what an eye line is, doesn't have a clue what it's motivation is besides getting his food and hearing a squeaky toy," he says.

Luckily he also had a star-studded voice cast — and at least one live, upright actor on set — to help him feel human again. "When we got to Chris O'Donnell, I was like, 'Thank god. Four days of Chris O'Donnell, this is like such a reprieve,' "Peyton says with a laugh. "It was refreshing."

O NED EHRBAR/MWN



Summer hotties.

Put some sizzle in your social life with the latest touch screen phones on Canada's best network.'

Visit a Bell store • 1 888 4-MOBILE (662453) • bell.ca



Motorola Dext™ smartphone with MOTOBLUR™

Powered by Android.™
3-ur. term | No term

\$49^{95²}

\$399°5

SAVE \$350 with a \$50 voice and data plan

Offier ends August 12, 2010. Available with compatible devices within network coverage areas available from Bell Mobility. Paper bill Charge (SZIna.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (Quebec: \$0.40), New Brunswick \$0.53, Nova Scotis \$0.43, PE1: \$0.500), and one-time device activation (SSS) apply, Upon early termination, price adjustments apply, see your Service Agree across Canadar, all on the shared HSPA+ network available from Bell, vs. Rogers HSPA(HSPA+ network. Excludes roaming partners' HSPA and GSM/Edge coverage in certain parts of Manitoba and Saskatchewan. Speed may vary due to topography, environmental conditions, device type and other factors. HSPA+ not available in all areas. Bell canetwork, 20 With new activation on a post-paid voice and data

Movie reviews

See it twice ●●●●● | See it now ●●●● | Worth Watching ●●● | Yawn ●● | Don't bother ●

Cold spies, hot thriller

Salt

Genre: Action/Thriller Director: Phillip Noyce Stars: Angelina Jolie

Phillip Noyce's fast, gritty spy thriller Salt, starring Angelina Jolie as a CIA analyst suspected of being a Russian sleeper agent, could be flippantly called "Lady Bourne," and that wouldn't necessarily be an insult.

It shares the better aspects of the Matt Damon franchise's "spy out in the cold" DNA. At the same time, Salt feels retro — in the best possible sense of the word — thanks in large part to something au-



diences haven't seen in a while: Russian bad guys.

With a tight, wellplotted script, some fun twists and fantastic stunts and action sequences, it would easily be smart summer fun already. What elevates the movie, though, is the cast.

Jolie fits perfectly into the title role, harnessing a mix of toughness and vulnerability that's served her well in her dramatic work as well as her more gunplay-heavy roles.

NED EHRBAR



The Kids Are All Right Genre: Drama

Director: Lisa Cholodenko Stars: Annette Bening

After turning in a brilliant performance in the littleseen Mother and Child this spring, Annette Bening nearly walks away with The Kids Are All Right as Nic, the one half of a wellto-do lesbian couple raising their two teenage children in Los Angeles. The only thing stopping her from stealing the show completely is the fact that she's up against Julianne Moore as her partner and Mark Ruffalo as thesperm donor brought into their lives by their children's curiosity. © NED EHRBAR



Ramona and Beezus Genre: Drama

Director: Elizabeth Allen
Stars: Joey King

Beverly Cleary's childrens books about Ramona Quimby have been bedtime reading staples since the 1950s, yet oddly never made it to the big screen until now. At times it's clear the story is from another era as characters display values, language, and behaviour that feel decades removed from contemporary reality. Director Elizabeth Allen clearly wanted to retain the spirit of the books, but ends up with something out of date that feels closer to a sitcom than reality.

O PHIL BROWN



School's out, Zac Efron gets serious

◆ High School Musical heartthrob wants to graduate into more mature roles ◆ Star handles complex emotions, sailing in Charlie St. Cloud



This could be upsetting news for some of his most avid fans but Zac Efron may be growing too old for his High School Musical

"I love the audience that I've had thus far," admitted Efron recently in Los Angeles to promote his new fantasy drama, Charlie St. Cloud.

"I feel like I can really talk with this generation and understand them and I want to make movies for them. But I think the best way to do that is not to do the same thing over and over again but to evolve

with the audience."

For the young actor, that meant taking on the title role of Charlie — a young sailing prodigy who struggles to get past the accidental death of his younger brother. Based on a popular novel, the 22-year-old star admits it's definitely a move in a more serious direction.

"Everyone at some point in their life experiences loss," said Efron. "This is a story that comes from love and how even when someone moves on, a piece of them will always be alive inside your heart so it relates to everybody."

While playing a character that grieves in a unique way (he routinely meets

"(I want to) have some life experience, make some films about those things and hopefully by the time the audience catches up ... they realize life isn't always like High SAAC EFEON Musical."

the spirit of his sibling to toss a baseball around) may have proven emotionally challenging for the actor, Efron also had to learn to become an expert mariner—a pursuit that sounds much more gratifying.

"I never sailed before so I got the crash course," said Efron. "It was incredibly fun. Everyday we had a regimen — wake up, sail for six hours, come in sunburned and then sleep for the rest of the day."

Whoever claimed high school was the best years of one's life clearly wasn't living the life of Zac Efron.



Samsung Gravity Touch™

3-yr. term \$49^{95³}

\$179°5



Samsung Wave™ smartphone

3-yr. term \$29^{95²}

No term \$299⁵⁵

SAVE \$270

with a \$50 voice and data plan



ext to change without notice, not combinable with other critics. Taxes extra. Other conditions apply ITI Based on comparison of national instruction, according to tests of average upload and download speeds in large urban centres across Canada, (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest network, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest retwork, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest retwork, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest reception in large urban centres across Canada. (b) largest retwork, based on total square time of coverage, and (c) tests for fewest dropped calls and clearest retwork to the coverage of coverage across the coverage of coverage across the coverage acro

THE TROUBLE WITH THE WEIRD SISTERS



The old song lyric "Two different faces, but in tight places, we think and we act as one" pretty much sums up the bond often shared by sisters.

o matter how close the connection—or how many sterling silver "sisters are a forever friend" catch bangle message bracelets are exchanged — there is bound to be some tension between sibs from time to

time. Even the tagline for this weekend's kid comedy Ramona and Beezuu— "A little sister goes a long way"— suggests some good natured conflict between the girls. Here's a look at other kinds of cinematic sibling rivalry.

Whatever Happened to Baby Jane?

If sisters are blossoms in the garden of life as one poet said, then Jane Hudson must be a poison ivy plant. Played to great creepy effect by Bette Davis — wearing an inch of thick pasty make-up — Jane was ranked #44 on the AFI's 50 Best Villains list. As she descends into madness she keeps her sis ter Blanche (Joan



Crawford) captive and even tries to make her eat her pet parakeet for lunch. The movie is great campy fun — one critic at the time wrote, "it sometimes looks like a poisonous senior citizen show with over-the-top spoiled ham" — but the behind-the-scenes stories are

almost as psychotic as anything on screen. The aging divas couldn't stand one another and fought constantly. Davis "accidentally" kicked Crawford in the head, requiring stitches and Crawford weighted down her clothes for the scene where Jane has to drag Blanche causing Davis to suffer a muscular backache. In 1991 the movie was remade with real life sisters Vanessa and Lynn Redgrave in the lead roles.

Sisters

Where would sister movies be without "the evil twin"? Sisters, Brian De Palma's ode to deviant sororal behaviour may well be the Citizen Kane

of the genre. On one hand we have Danielle (Margot Kidder), a French/Canadian model and one half of a set of Siamese twins. Then there's the murderously mad Dominique (also Kidder), who fools her prey into thinking she is the demure Danielle before... well, going murderously mad on them. Unlike Whatever Happened to Baby Jane, the low budget Sisters failed to garner any Academy Award nominations, but it did earn Kidder one of the most florid lines of film criticism ever. "Margot Kidder has a demon-slut's curly lips," wrote The New Yorker, "and knows how to turn on the sexiness with a witch's precision."

THESE PAGES COVER MOVIE START TIMES FROM FRI., JUL. 23 TO THURS., JUL. 29. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CITY CENTRE 9 CINEMAS

10200 102nd Ave., 780-421-7020

Black Field (STC) DTS Digital, Stadium Seating

Predators (18A) DTS Digital, Stadium Seating Fri-Tue 1240-350-655-93 SD Digital, Stadium Seating Wed-Thu 1240-350-9:35 Salt (14A) No Passes, Stadium Seating, Dolby Stereo Digital Fri-Thu 12:05-240-515-745-10:20 The Sorcerer's Apprentice (PG) No Passes, DTS Digital Fri-Thu 12:56-445-945 Toy Story 3 DIG) Stadium Seating Fri-Thu 12:50-3:40-7:10-9:50

CLAREVIEW 10 CINEMAS 4211 139th Ave., 780-472-7600

Despicable Me 3D (G) Fri-Thu 1:20-4-6:40-9 Grown Ups (PG) Fri-Thu 1:50-4:25-6:55-9:25 Wed 1:50-4:25-9:25 Thu 1:50-4:25-6:55-9:25 Inception (PG) No Passes Fri-Sun 1:3:15-4:30-6:30-7:50-9:45 Mon-Thu 1:3:15-4:30-6:30-7:50-

9:45 The Last Airbender (PG) Fri-Thu 1:10-3:45-

Predators (18A) Fri-Thu 9:55 Ramona and Beezus (G) Fri-Thu 1:30-4:10-

Salt (14A) No Passes Fri-Thu 2-4:40-7:10-9:40

The Sorcerer's Apprentice (PG) Fri-Thu

12:50-4:20-7-9:40 **Toy Story 3 3D** (G) Fri-Thu 1:40-4:10-6:50-9:30 The Twilight Saga: Eclipse (PG) Fri-Thu 12:45-3:40-7:05-9:50

GARNEAU THEATRE 8712 - 109 St., 780-433-2212

Cyrus (14A) Fri 7-9 Sat-Sun 2-7-9 Mon-Thu 7-9

METRO CINEMA

Zeidler Hall, Citadel Theatre Complex, 9828-101 Ave., 780-425-9212, metrocinema.org

For the Love of Movies: The Story of American Film Criticism (STC) Fri-Sat 9 When You're Strange (14A) Fri-Sat 9

MOVIES 12

5074 130 Ave., 780-472-9779

Date Night (PG) Fri-Thu 1:107-30 How to Train Your Dragon 3D (PG) Fri-Sat 130-4:107-9:101-1135 Sun-Thu 1:30-4:107-9:10 Iron Man 2 (PG) Fri-Tue 1:35-4:307-110-9:50 Wed-Thu 1:35-4:357-15-9:50 Jonah Hex (14A) Fri-Sat 1:40-4:507-35-9:30-113:55 NurThu 1:404-507-25-6:30

11:25 Sun-Thu 1:40-4:50-7:35-9:30 **The Karate Kid** (PG) Fri-Sun 1:05-4:20-7:05-

9:55 Mon-Tue 1:25-4:20-7:05-9:55 Wed 1:05-4:20-7:05-9:55 Thu 1:25-4:20-7:05-9:55

Khatta Meetha (STC) Fri-Sat 1:15-4:45-7:50-11 Sun 1:15-4:45-7:50 Mon-Thu 1:15-4:30-7:50 Killers (PG) Fri-Sat 1:45-4:40-7-9:25-11:40 Sun Tu45-4407-9:25 Mon 1:45-4:40-7:10-9:25 Tue-Thu 1:45-4:407-9:25 Mon 1:45-4:40-7:10-9:25 Tue-Thu 1:45-4:407-9:25 Letters to Juliet (PG) Fri 1:50-4:257:20-9:40-11:55 Sat 1:50-4:407:15-9:40-11:55 Sun-Thu 1:50-

4:25-7:20-9:40 **Marmaduke** (G) Fri-Thu 1:25-4:35-6:50-9 Mel Kara de Rabba (PG) Fri-Thu 12:50-4-

Robin Hood (14A) Fri 1:20-4:15-7:25-11:15 Sat 1:20-4:25-7:25-11:15 Sun-Thu 1:20-4:15-7:25 Sex and the City 2 (14A) Fri-Thu 12:55-3:55-6:50-9:45 **Splice** (18A) Fri-Thu 4:05-9:35

NORTH EDMONTON CINEMAS 14231 137th Ave., 780-732-2236

Cyrus (14A) Fri-Thu 1:50-4:15 **Despicable Me** (G) Fri-Tue 12:30-3-5:20-7:45 Wed 3-5:20-7:45 Thu 12:30-3-5:20-7:45 Star & Strollers Screening Wed 1

Despicable Me 3D (G) Fri-Thu 11:40-2-4:20-6:45-9:15 Grown Ups (PG) Fri-Thu 1:30-4-6:40-9:10

Inception (PG) No Passes Fri-Thu 12:20-1:10-2:10-3:40-5-6:15-7:10-8:30-9:40-10:30 Knight and Day (PG) Fri-Thu 10:15

The Last Airbender 3D (PG) Fri-Thu 12-2:30-5:10-7:40-10:20

Predators (18A) Fri-Thu 7:50-10:45 Predators (18A) (H-Ihu 7;50:10.4); Ramona and Beezus (G) No Passes Fri-Thu 1:3:30:6:3:09 Salt (14A) No Passes Fri-Thu 12:10:1:20-2:50-4:10:5:30:78-9:30:10:40 The Sorcerer's Apprentice (PG) Fri-Thu 1:40:4:30:720:10

Toy Story 3 (G) Fri-Thu 11:30

Toy Story 3 3D (G) Fri-Thu 11:50-2:20-4:50-

The Twilight Saga: Eclipse (PG) Fri-Thu 12:50-3:50-6:50-9:50

▶ Nicolas Cage and Jay Baruchel star in Sorcerer's Apprentice which opened last week.

RollingStone "SALT IS A RED-HOT THRILLER... HANG ON FOR THE RIDE."



OLIE

COLUMBIA PICTURES MISBRIG IN ASSICIATION WITH RELATIVITY MEDIA A & BONAVENTURA PICTURES MISBRIGHM A RIAM BY PHILLIP NOYCE "SALT" LIEV SCHREIBER CHWETTE EJOFOR DANIEL OLBHYCHSKI ANDRE BRAUGHER ""FAMES NEWTON HOWARD "BRAUGHER" NARK VAHRADIAN KVAN KAVANAUGH """RICHT WIMMER """PROBERTO & BONAVENTURA SUNIL PERKASH "BRAUGH" ""

WHOLISSAIT.CA "MASSICIATION FOR "BRAUGH" ""

FOLLYMOR ""

FOLLYMOR" ""

STARTS TODA

Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

SONY



"THE PERFECT SUMMER MOVIE!"

PG CRUDE CONTENT, LANGUAGE MAY OFFEND

GrownUps-Movie.ca

Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

PRINCESS I & II 10337 Whyte Ave., 780-433-0728

The Girl Who Played With Fire (18A) Fri 6:45-9:15 Sat-Sun 2-6:45-9:15 Mon-Thu 6:45-9:15 The Secret in Their Eyes (18A) Fri 6:50-9:20 Sat-Sun 2:30-6:50-9:20 Mon-Thu 6:50-9:20

SCOTIABANK THEATRE WEST MALL 8882 170th St., 780-444-2400

Despicable Me 3D (G) Fri-Thu 11:50-2:15-4:40-7:10-9:30 **Grown Ups** (PG) Fri-Thu 1:30-4:20-7:40-10:20

on (PG) No Passes Fri-Thu 11:30-1-3-4:30-6:30-8-10 Inception: The IMAX Experience (PG)

No Passes Fri-Thu 12-3:30-7-10:30 The Last Airbender 3D (PG) Fri-Thu 12:30-

Predators (18A) Fri-Wed 1:45-4:50-7:50-10:45

Thu 1-4-10:45

Ramona and Beezus (G) No Passes Fri-Thu

12:15-3:10-6:40-9:20 **Salt** (14A) No Passes Fri-Thu 11:40-2:20-57:4510:40 No Passes Fri-Thu 12:40-3:45-6:35-9:40 **The Sorcers' Apprentic** (PO) Fri-Tue
12:50-3:50-6:50-9:50 Wed 3:50-6:50-9:50 Thu
12:50-3:50-6:50-9:50 Star & Strollers Screening
Wed 1

Toy Story 3 3D (G) Fri-Thu 11:30-2-4:45-7:30-

The Twilight Saga: Eclipse (PG) Fri-Thu 1:15-4:15-7:15-10:15

SOUTH EDMONTON **COMMON** 1525 99th St., 780-436-8585

The A-Team (PG) Fri-Sun 6:35-9:35 Mon 7:25-10:25 Tue 6:35-9:35 Wed 10:40 Thu 6:35-9:35 Despicable Me (G) Fri-Thu 12:35-3:40-7:10 Despicable Me 3D (G) Fri-Thu 11:40-2:15-5-

Get Him to the Greek (18A) Fri-Thu 9:55 Grown Ups (PG) Fri-Thu 12:20-3:50-6:55-9:40 11:30-12-12:30-3-3:30-4:15-63:07-8-10:15-10:30

Knight and Day (PG) Fri-Sun 12:50-4:10-7:30-10:40 Mon 47:30-10:40 Tue-Thu 12:50-4:10-7:30-10:40 Inception (PG) No Passes Fri-Thu 11:30-12-

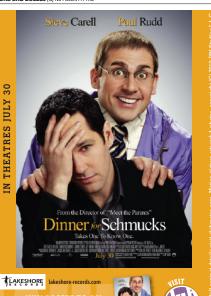
The Last Airbender 3D (PG) Fri-Thu 12:10-3:20-6:45-9:30 **Predators** (18A) Fri-Sun 1-4-7:25-10:25 Mon

4:30-8-10:45 Tue-Thu 1-4-7:25-10:25 **Ramona and Beezus** (G) No Passes Fri-Thu 11:50-3:10-6:30-9:20

Salt (14A) No Passes Fri-Tue 11:30-12:45-2:10-3:45-5-6:50-7:50-9:45-10:30 No Passes Wed 11:30-12:45-2:10-3:45-6:50-7:50-9:45-10:30 No Passes Thu 11:30-12:45-2:10-3:45-5-6:50-7:50-9:45-10:30

The Sorcerer's Apprentice (PG) Fri-Thu Toy Story 3 (G) Fri-Sun 11:45-2:45 Mon 2-4:30 Tue-Thu 11:45-2:45

Toy Story 3 3D (G) Fri-Thu 12:40-3:55-7:05-



YOU COULD WIN PASSES TO AN ADVANCED SCREENING OF DINNER FOR SCHMUCKS OR A COPY OF THE MOTION PICTURE SOUNDTRACK!

Visit metronews.ca to watch metr@tube

The video everyone's talking about.





The Twilight Saga: Eclipse (PG) Fri-Wed 1:15-4:30-7:45-10:45 Star & Strollers Screening Thu 1:

TELUS WORLD OF SCIENCE Edmonton Space And Science Centre, 1121-142 St., 780-451-3344

Coral Reef Adventure (G) Fri-Thu 2 Horses: The Story of Equus (STC) Fri-Thu 11-1-3-5-7

Journey to Mecca in the Footsteps of Ibn Battuta (STC) Fri-Thu 12-4-6

WESTMOUNT CENTRE 111 Ave. & Groat Rd., 403-455-8726

Despicable Me (G) DTS Digital Fri 6:45-9:10 DTS Digital Sat-Sun :1:15-4-6:45-9:10 DTS Digital Mon-Thu 5:20-8:10 Inception (PG) Dolby Stereo Digital, No Passes Fri 7:20 Dolby Stereo Digital, No Passes Sat-Sun 12:30-3:50-7:20 Dolby Stereo Digital Mon-Thu

Ramona and Beezus (G) DTS Digital Fri 6:35-9:25 DTS Digital Sat-Sun 12:45-3:20-6:35-9:25 DTS Digital Mon-Thu 5:10-8

Salt (14A) Dolby Stereo Digital, No Passes Fri 7-9:40 Dolby Stereo Digital, No Passes Sat-Sun 1-:35-7-9:40 Dolby Stereo Digital, No Passes

2020 Sherwood Dr., Sherwood Park 780-416-0152 Despicable Me 3D (G) Fri-Thu 11:30-2-4:30-

17

Despicable Me 3D (i) In-lin 11:30-2-4;30-7925 Grown Ups (PG) Fri-Tin 12:10-3:10-7:15-930 Inception (PG) No Passes Fri-Tin 11:15-12:45-230-4:05-630-74:0-10 Knight and Day (PG) Fri-Tin 1:10-655 Predators (184) Fri-Tin 3:50-0:10 Ramona and Beezus (G) No Passes Fri-Tin 13:14-16-70-9:1

Salt (14A) No Passes Fri-Thu 11:20-1:50-4:35-

7:30-10:05 The Sorcerer's Apprentice (PG) Fri-Thu

12:30-4-7:30-10:10 **Toy Story 3 3D** (G) Fri-Thu 12:15-3:30-6:45-

9:30 The Twilight Saga: Eclipse (PG) Fri-Thu 1-4:10-7:05-10:15

PARKLAND CINEMA

130 Century Crossing, Spruce Grove 780-962-2332

NO-902-2532

Despicable Me 3D (G) Fri 79 Sat-Sun 1-37-9

Mon 79 Tue 1-37-9 Wed 79 Thu 1-37-9

Grown Ups (PG) Fri 705-9:15 Sat-Sun 105315/705-9:15 Mon 705-9:15 Eu 105-315/705-9:15

Inception (PG) Fri 6:45-930 Sat-Sun 12:45330-6:35-9:30 Mon 6:45-9:30 Tue 12:45-3306:45-9:30 Wed 6:45-9:30 Tue 12:45-3306:45-9:30 Wed 6:45-9:30 Thu
12:45-330-6:35-9:30

The Last Airbender 3D (PG) Fri 7:15-9:10

Sat-Sun 1:15-3:107-15-9:10 Wed 7:15-9:10 Tue
1:15-3:107-15-9:10 Wed 7:15-9:10 Tue
1:15-3:107-15-9:10 Wed 7:15-9:10 Tue
1:15-3:107-15-9:10 Wed 7:15-9:10 Tue

7:15-9:10

7:15-9:10

Salt (14A) Fi 7:10-9:25 Sals 5un 1:10-3:25-7:10-9:25 Wed 7:10-9:25 Twe 1:10-3:25-7:10-9:25 Wed 7:10-9:25 Twe 1:10-3:25-7:10-9:25 Wed 7:10-9:25 Thu 1:10-3:25-7:10-9:25 Wed 7:10-9:25 Thu 1:10-3:25-7:10-9:25 Fu 5:10-5:59-05 Sals 5un 1:255-3:05-6:55-9:05 Wed 6:55-9:05 Thu 1:255-3:05-6:55-9:05 Wed 6:55-9:05 The Twilight Saga: Ectipse (PG) Fi 6:50-9:20 Sals 5un 1:250-3:20-6:50-9:20 Wed 6:50-9:20 Thu 1:250-3:20-6:50-9:20 Wed 6:50-9:20 Wed 6:50-9:20 Thu 1:250-3:20-6:50-9:20 Wed 6:50-9:20 Wed 6:50-9:20

LEDUC CINEMAS

4702 50th St., Leduc 780-986-2728

Despicable Me 3D (G) Fri-Thu 13:257-925 Inception (PG) Fri-Thu 12:45-335-645-935 Salt (14A) Fri-Thu 1:10-3357:10-9:35 The Sorcerer's Apprentice (PG) Fri-Thu 1:05-3:307:05-930

GALAXY CINEMAS SHERWOOD PARK

GRANDIN THEATRES 101-22 Sir Winston Churchill Ave., St. Albert,780-458-9822

Despicable Me (G) Fri-Thu 12:45-2:45-4:50-

Despicable Me (i) hri-lin 12:45-2:45-456-645-8:40 Inception (PG) fhi-lin 12:55-335-625-905 Ramona and Beezus (G) fri-lin 1:05-3:10-5:107-13-9:15 Salt (14A) fri-lin 1:35-3:30-5:25-7:30-9:30 The Sorcere's Apprentice (PG) fri-lin 1:15-3:25-5:30-7:35-9:35

Visit metronews.ca to watch metr@tube





Dark Night album finally sees light of day

○ Long-awaited Danger Mouse project carries heavy baggage **○** Album delayed by legal issues and suicides of Mark Linkous and Vic Chesnutt



It's hard not to think of the long-awaited Dark Night of the Soul as a tragic album.

First delayed by legal wrangling, then indelibly marked by the suicides of co-creator Mark Linkous and contributor Vic Chesnutt, the album carried some heavy baggage when it finally came out last work.

Yet Brian Burton says he can separate the experience of listening to the album from the emotions he's left with since Linkous' death earlier this year. So when he hears his favourite cut, Revenge, and the way Flaming Lips frontman Wayne

Coyne lays down a heartbreaking vocal, the producer who works as Danger Mouse flashes to one of his happiest moments with his close friend.

"It's just a great song,"
Burton said. "There's just something about it. And it makes me think of Mark a lot in a heavy kind of way, but I don't get sad about it. I just remember the two of us, when we first heard what Wayne did with it, us celebrating and everything. It was really great."

With it's dark themes and haunting beauty, the album already cast a melancholy spell. Years in the Visa and payWave

speed read breaking news brought to you by Visa payWave. a secure, faster way to pay. just wave and go.

making, it was highly

anticipated and marked some of the best work in the very different careers of the men created it. Yet viewed through the prism of real-life events, the album takes on deeper meaning. Linkous, who recorded and performed as Sparkle-

horse, and Chesnutt were critically acclaimed songwriters who were destined to get their widest exposure yet upon the release of Dark Night.

Chesnutt, who forged a heralded and unlikely career following a car

following a car crash that left him mostly paralyzed, killed himself on Christmas after years of depression that included other suicide attempts. Linkous also dealt with depression and shot himself in March. THE ASSOCIATED PRESS



SUMMER CONCERTS? FORGET ABOUT IT

s I trooped into a Rush concert last week, I ran across a sign that read "\$10 TICKETS!

NO SERVICE CHARGE!!!
TONIGHT ONLY!!!" Sting tickets were being offered at \$40 while \$20 would get me in to either the Slayer/Megadeth or Disturbed/Stone Sour double bills. "It's come to that, huh?" remarked a guy next to me.

Yes, it has. With CD sales in an irreversible death spiral, performers are hoping to make up the difference in revenue from tours. But with so many acts playing so many shows at a time when the economy is sluggish, there's a glut of gigs.

gish, there's a glut of gigs.

It's been especially tough in the U.S. (Canada has weathered things a little better.) The landscape is littered with canceled shows (Eagles, Rihanna, Christina Aguilera, Jonas Brothers, American Idol's "Idols Live") and tours that have been postponed (U2 because of Bono's back bad, Limp Bizkit because nobody cared). Meanwhile, others — Lilith Fair has been in the news a lot — are limping along, discounting tickets and/offering enticements (Two-for-one! Free pizza!) to boost attendance.

And it's not just the economy. Fans are tired of high ticket prices, service

charges (What the hell is a "convenience fee?"), overpriced VIP offerings and the nickel-anddiming that comes with the concert experience, like parking and concessions.

Fans are also frustrated by not being able to get good seats to see their favourite bands. No matter how fast they're on the phone or online when tickets sales start, they know that the best seats will somehow magically end up with resellers and scalpers. They're also confused by some of the new ticket pricing models being rolled out in some markets. Instead of the standard fixed price structure for a given show, ticket prices are being sold like airline tickets using yield management techniques. The price of any seat can fluctuate depending on demand and how close to the gig you're making the purchase. Your ticket may have been \$100 but the dude next to you paid just

Meanwhile, artists are visiting the same market two or more times on a given tour. How many times would you pay to see the same show?

It's not all bad. Justin Bieber, Lady Gaga and Rush have been doing all right. But the summer of 2010 is going to be one most industry people would rather forget.

Brasstronaut finds balance of space and sound



Compared to the shuffling, acoustic sound of their debut EP, Brasstronaut's new album Mt. Chimaera is an album of techno-like precision.

The album came together during a winter artistic residency at the Banff Centre, where the band spent months stripping down layers of sound. Singer and

keyboard player Edo Van Breemen explained the sixmember group pruned what began as dense compositions, a challenging process much different than that used on 2008's Old World Lies.

"(Mt. Chimaera) took eight months to mix ... and became a very subtractive process. We had lots more overdubs on our initial recording, and it was hard to decide what to add and what to change," explained Van Breemen.

The resulting album reflects this meticulous approach to production - no surprise given Van Breeman's long-term interest in German techno. A careful balancing of sound and space recalls groups like Wilco or Spoon that focus on arrangements as much as individual instruments. Listen for the drop in Slow Knots leading to a keyboard and vocal-led breakand down a rapid



percussive burst. The elements may have emerged from the band's jam space, but they sound just as inspired from the dynamics of electronic music.

"(In production, we used

an) intense layering of sound — of swirling sounds and textures — and in that way, the album is a little like electronic music. We focused on adding and subtracting elements in a

"The album was highly produced when compared to the EP, which had a looser, more organic sound."

way that comes out like techno ... I've always liked minimal German techno. I lived in Germany, and spent a lot of time in Europe as a kid, and so I'm drawn to that music."

7th heaven

Metro pick

A guide to the 'Shore'

CELEBBITY

Look's like Mike "The Situation" Sorrentino is adding to his body of work. The Associated Press reports the regular on the MTV reality show Jersey Shore will release a book in November.





Chris Isaak

Television

Unless this is some sort of Wicked Game, rumour has it that the folks at American Idol are reportedly considering Chris Isaak as a replacement for Simon Cowell for the 10th season of the hugely successful singing competition, according to the Hollywood Reporter. Insiders say Isaak has already met with producers twice, though no decision has been made. They are also reportedly considering Harry Connick Jr., who has appeared as a mentor on the program.

METRO NEWS SERVICE

Comic-Con

Culture

Movie buffs, comic-book collectors, sci-fi fans and nerds and geeks of all stripes have taken over this San Diego for Comic-Con, the city's annual pop culture convention. Now in its 41st year, Comic-Con draws more than 120,000 fans for a four-day event showcasing upcoming movies, TV shows and video games, along with toys, costumes and comic books.

THE ASSOCIATED PRESS

Batman: Under the Red Hood

DVD

No need to wait for Christopher Nolan to finish his next Dark Night film. This animated tale is set to be released on Blu-Ray on Tuesday by Warner Brothers, and sees Batman being stalked by a mysterious man wearing a red hood. warnerbros.com

Stephen King, On Writing

Books

His books may be about curses, ghosts and the supernatural, but Stephen King has raked in the literary bucks over the years. In this book — now available in soft cover — the author is sharing his thoughts on the writing process in this memoir on the craft. Its been described as honest and

inspirational.
simonandshuster.com
metro news service

Nina Garcia's Look Book

Advice

Not sure what to wear for that special occasion, or just for that trip to the grocery store? Garcia, a Project Runway judge, has compiled a tome — more than 300 pages — outlining a look for every occasion. Not only does she cover budget dressing, but she also offers tips on how fashionistas can break into the industry.

everywomansvoice.com
• metro news service

Clean Start

Beauty Summer can be rough on your skin, so Dermalogica

has come up with a Clean Start kit to help keep you looking your best — even in the midst of a melting heat wave. The kit comes with a foaming face wash, purifying toner, exfoliating scrub, an SPF 15 moisturizer and a overnight treatment for any sudden acne breakouts. cleanstart.dermalogica.ca or at Sephora locations.

METRO NEWS SERVICE

Mix of Six

Event

The Violet Hour

Best described as "spacerock," The Violet Hour walks the fine line between technicality and simplicity. 9 p.m. Brixx Bar & Grill, 10030 102 ST NW. July 23.

Big Hank Lionheart

Legendary blues band Big Hank Lionheart and a Fist Full of Blues plays at one of the city's newest music venues. 9 p.m. Rusty Reed's House of Blues, 12402 118 AV NW. July 23

Kumon Plaza

An Edmonton label showcases some of its best artists alongside the release of Kumon Plaza's EP. 8 p.m. Axis Cafe, 10349 Jasper AV NW. July 24.

Race Week Music Festival

The Race Week Music Festival 2010, featuring live music at Sutton Place Hotel and Rose & Crown Pub. Various performances & show times. July 23-25.

Leif Vollebekk

This critically acclaimed Montrealer Leif Vollebekk combines folk with the sounds from the Icelandic music scene. 9 p.m. The Haven Social Club, 15120A Stony Plain RD NW. July 23.

Race Week Music Festival Street Party

The Race Week Music Festival Street Party features like music and dancing. All day. Rice Howard Way. July 24. EVENTS COURTESY OF YEGLIVE.CA



HOME PHONE LINES

I saved a fortune with Comwave last year, and the quality couldn't be better! **P**

Anna, Grimsby





Limited Time Offer!





www.comwave.c

White Comwave strives for accuracy in our advertising. Comwave reserves the right to correct any error in pricing or information at any time. HOM PHONE LINES (VMP 911 has corrent initinations several traditional 911 his Colobal Home Phone plan is limited to 3000 minutes promise the properties of the



Get \$15 off a Smartphone Combo plan

\$35 /MO. | Save \$540 over 36 months

- 100 minutes + 100 bonus
 Unlimited nights & weekends (9pm-7am)
 Call Waiting, Conference Calling²
 500MB of data

- SOUMB or data
 Choice of one feature
 Unlimited text messages³
 Unlimited nationwide talk & text to 5 people⁴

BONUS: Get 6 months of unlimited local talking^s when you buy a smartphone from Bell.

Palm® Pre™ smartphone

3-yr. term No term 50

\$299°5

SAVE \$299.95

with a \$50 voice and data plan

Colgary Colgary Edmonton Edmonton 4307 130 Avenue 4800 Westminds Dr. 106/03 107 Avenue 17551 100 Ave. 470 Avenue 470 Aven

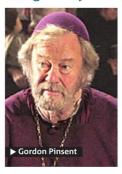
just got

Striking the acting iron when it's hot

• Gordon Pinsent stars in TV series The Pillars of the Earth, premiering Friday on Movie Central

Veteran Canadian actor Gordon Pinsent says he was surprised to be recognized by his more famous peers when he shot the upcoming eight-hour miniseries but laments not capitalizing on the buzz that surrounded his acclaimed 2006 film Away From Her by chasing Hollywood roles.

Pinsent, who plays the Archbishop of Canterbury in The Pillars of the Earth, says he missed an opportunity to take advantage of the critical success of Away From Her, which earned co-star Julie Christie a Golden Globe for best actress and writer/director



Sarah Polley an Oscar nomination for best adapted screenplay.

"Good material is truly hard to find," says Pinsent, who arguably reached the

pinnacle of his career as a heartbroken husband in the Canadian indie film.

The Newfoundland native, whose deep sonorous voice and dignified poise established him as a mainstay on Canadian stage, wonders if his career would be different if he'd been aggressive in the wake of global acclaim for the romantic drama.

"I didn't play the game very well," says Pinsent. "I should have gone down there and hung out and delivered papers or some-thing, you know, to people. To set once and for a reputation.'

THE CANADIAN PRESS



You Work... You Drive. Your Career is Your Credit!! Guaranteed Approvals

On Remaining 2009 & 2010 Models





\$44/week

\$14,288



\$68/week

\$22,988



\$67/week

\$21,488



\$59/week

\$19,988 #N00206 Jeep Patriot

Hundreds of Used Under \$10,000. Carfax on Every Unit!



\$77/week

\$12,700 #Y01130A. '07 Mazda 3 GT



\$39/week

\$8,995 #S00990A, '06 Lancer



\$37/week

\$7,995

Tapes continue to circulate online

• Gibson is subjected to further ridicule as parody mash-ups, tweets and remixes hit the web

Since the celebrity website RadarOnline.com gradually released recordings purportedly of Mel Gibson, the tapes have been used for comedy fodder across the Internet, inspiring remixes, mash-ups and an endless stream of

The recordings reveal grim, ugly arguments between a man who sounds distinctly like Gibson and a woman identified by the site as his ex-girlfriend and mother of his child. Oksana Grigorieva. The anger and ethnic slurs make the tapes difficult to listen to

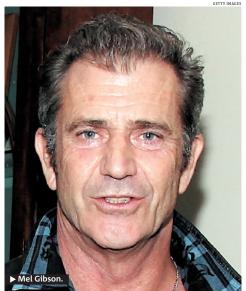
Parody, though, has

▶ Brad Pitt and Angelina

"It's the gift that keeps on giving," says Justin Stangel, who, with his brother Eric, is co-head writer and executive producer of Late Show With David Letterman '

"His tapes are so crazy, there's new areas to deal with everyday. It's fantastic. They really should have saved it for sweeps," Stangel said, referring to the period when ad time is priced for TV programming.

Late night shows have put the subject in heavy rotation, none perhaps as much at CBS' Late Show. THE ASSOCIATED PRESS



Pitt & Jolie settle UK newspaper case for undisclosed damages

Actors Brad Pitt and Angelina Jolie have accepted undisclosed damages in London's High Court to settle a privacy claim against a British tabloid that had reported they were planning to split.

The celebrity couple be-

gan legal action against the News of the World after it reported in January that they had agreed to

separate. The pair argued the newspaper had made false and intrusive allegations in saying that they had planned to divide assets worth US\$320 million and had made arrangements

THE ASSOCIATED PRESS

Talking points

Elton concert postponed

HEALTH A bout of food poisoning has caused the postponement of Elton John's scheduled concert at Tucson Arena. The Arizona Daily Star reports that Wednesday night's show was nearly sold out with about 8,800 tickets purchased.



Organizers say the British rocker will perform Thursday night in-

Lohan dad accused of assault

Celebrity tweets

ALLEGATIONS Michael Lohan is being accused of assaulting fiancée Kate Major during an argument earlier this week, according to TMZ. Major reportedly filed a claim with police in Long Island saying he kicked her in the face while she

was on the ground. According to the website, Major documented the injuries



with photographs and went directly to the hospital. • metro world news

Jessica Simpson [AJessicaSimpson] It is

official-I'm 30 and found a wrinkle Damnit!!



short shorts

Paula Abdul [Paula Abdul] Just find a quiet spot & take a few deep breaths! You deserve a moment...take it! METRO NEWS SERVICE

ottest July on record in

New York City.

unless you count that sum

Russell Brand regarding the custody of [@rustyrockets] Want to their six children. be smashed in the under-The newspaper con-firmed Thursday that a setcarriage by a muscley coward? Why not try tlement had been reached. horse riding.









Soup Man returns



The bisque is back. The soup stand that inspired the Soup Nazi episode on Seinfeld reopened in midtown Manhattan on Tuesday, six years after its famously brusque owner, Al Yeaaneh, shut it down and licensed his recipes to a franchising company. More than 100 peo ple were waiting in line for the noon reopening of the tiny storefront, including a few regulars who remembered the days when Yeganeh ladled broth and imposed discipline from behind the cramped counter. THE ASSOCIATED PRESS



There's nothing wrong with going back to the basics

○ Cookbooks can teach you things you didn't know you needed to know ○ You should never stop learning

Whether you're woefully inadequate in the kitchen or an accomplished cook looking for new challenges, some not-so-light summer reading will help you recapture the lost kitchen arts.

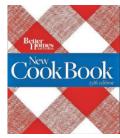
Start with The Better Homes and Gardens Cookbook, which sounds like the kind of thing new brides were given circa 1950. For years, an earlier edition has been a go-to source for sour cream pound cake, macaroni and cheese, casseroles with condensed soup (yes, really) and other traditional American fare.

American fare.

The new 15th edition features 1,200 recipes — including more than 750 new ones — that put more emphasis on modern palates and busy lifestyles. A new chapter on convenience cooking offers healthy, economical weeknight meals, while new breakfast options include 10 different smoothies, from peanut butter to pomegranate.

A new "Make-It-Mine"

A new "Make-It-Mine" feature suggests jazzing up those fuddy-duddy casseroles with kalamata olives, panko or mostacci-



oli pasta instead of plain egg noodles. A perfect book for beginners, it's also a handy reference for accomplished cooks.

Darina Allen has been called "the Julia Child of Ireland" and her book Forgotten Skills of Cooking is devoted to helping you master the art of eating from the land.

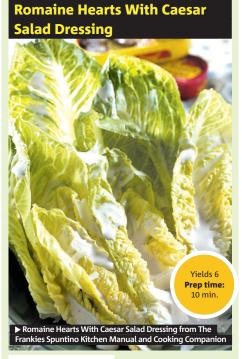
Chapters on foraging, preserving and dairy guide passionate cooks in reconnecting with the edibles under their noses. She encourages cooks to take on the tasks usually left to others, like harvesting wild greens, smoking fish or turning milk into cheese (or, yes, butter again).

Gorgeous photos mingle with 700 recipes, including elderflower fritters, ketchup and hand-made sausages. Traditional fare like roast chicken stuffed with herbseasoned bread sidles up alongside pheasant braised with Cork gin or duck gizzards sizzled in duck fat. A useful, beautiful and inspiring book for accomplished cooks who want to take their skills and appreciation further. The Frankies Spuntino

The Frankies Spuntino Kitchen Companion and Cooking Manual by Frank Falcinelli, Frank Castronovo and Peter Meehan uses simple Italian fare to reinforce the importance of excellent, basic ingredients and the need to get back in touch with them. Make your own pasta. Like, with your hands. Taste your pasta boiling water to see whether it is salty, rather than relying on measurements. And throw out those jars of sauce; making your own requires only five ingredients.

Written in an easy, conversational style, the book offers an accessible, sensible guide to making fresh, straightforward food. Cook, taste, eat.

THE ASSOCIATED PRESS



Ingredients:

- 3 romaine hearts • 50 ml (1/4 cup) pecorino Romano, plus more for
- 125 ml (1/2 cup) mayonnaise
- 50 ml (1/4 cup) water
- 7 ml (1 1/2 tsp) red wine vinegar
- 1 clove garlic

servina

- 1 anchovy
- 1 ml (1/4 tsp) Worcestershire sauce
- 1 ml (1/4 tsp) hot sauce • 2 ml (1/2 tsp) ground white pepper
- Kosher salt and ground black pepper, to taste

Preparation:

- 1 Trim root ends of romaine, then wash and dry leaves. Refrigerate until ready for use.
- In a food processor or blender, combine pecorino with mayonnaise, water, red wine vinegar, garlic, anchovy, Worcestershire, hot sauce and white pepper. Puree until smooth, adding water if needed. Season with salt
- In a large serving bowl, toss lettuce with dressing. Top with additional pecorino and season with black pepper.

Creating the taste of tapas at home

Spain's delightful tradition of tapas has crossed the ocean and found a home in North America.

Simply put, tapas are hot or cold appetizers served in bars and restau-

> Sand July July

rants with a glass of wine. And now home cooks can make them too with the release of a new cookbook devoted to the tasty morsels.

"You can spend an entire day languishing and enjoying tapas with beer or wine with friends and fami-

ly," says Alex Raij, who with her husband Eder Montero is co-owner of two New York restaurants where tapas are served.

Txikito is their Basque

restaurant serving cuisine of the Spanish region. Right across the street is El Quinto Pino, a 24-seat bar featuring signature multiregional Spanish tapas.

Raij, a native of
Argentina, and
Montero, who is
from Spain, contributed recipes to
The Book of Tapas
by Simone and Ines Ortega
(Phaidon, \$45,
hardcover).

As spokesperson for the publication, which boasts more than 250 recipes d 150 illustrations, Raij

more than 250 recipes and 150 illustrations, Raij is considered one of the foremost tapas chefs on the continent.

"We are very inspired by the regional cuisine of Spain and so many classic dishes are reflected in the tapas we create," she says. "That is what I love about tapas bars because they can make the creators think outside the box."

The book features authentic recipes for famous dishes like gambas al ajillo (garlic shrimp) and patatas bravas (potatoes with spicy sauce).

Spanish ingredients used to make the small bites include Serrano ham, salt cod, chorizo sausage, octopus as well as a selection of vegetables. The list is endless.

"A tapa can pack a lot of flavour," says Raij. "How the chef com-

"How the chef combines the ingredients like a pepper, a piece of cheese with ham and the way it is stacked toasted or untoasted will com-

Chorizo Cooked

In Wine

Here from the book is a very simple tapas recipe to try at home.

Ingredients:

 400 g (14 oz) semi-cured cooking chorizo sausage
 1 l. (4 cups) dry red or white wine

pletely change how that little bite tastes in your mouth," says Raii.

One of her favourites is croquettes, which can hold anything from salt cod to ham, potatoes, other vegetables or salmon. These are mixed with a thick white sauce and seasonings and formed into

- Slice chorizo into 2-cm (3/4-inch) slices. Heat a heavy pan and add chorizo.
- Pour in wine to cover, bring to a boil, then reduce heat and simmer until nearly all the wine has evaporated.
- Serve hot, spearing each slice with a cocktail stick (toothpick).

small cylinders, ovals or rounds. They are dipped in beaten egg and then breadcrumbs and deepfried until crisp and brown.

"I don't think you can have a tapas restaurant without croquettes," says Raii

THE CANADIAN PRESS

Italian Panzanella Salad

◆ This classic Tuscan bread-andtomato salad is traditionally served during the summer months.

Ingredients:

- 175 ml (3/4 cup) walnut pieces
- 60 ml (4 tbsp) olive oil, divided
- 2 ml (1/2 tsp) each sea salt
- and fresh cracked pepper • 30 ml (2 tbsp) white
- balsamic vinegar • 500 ml (2 cups) chopped
- cherry tomatoes
 75 ml (1/3 cup) pitted and
- sliced kalamata olives
 1 green onion, sliced
- 1 small clove garlic, minced
- 1/2 shallot, minced
- 6 fresh basil leaves, thinly sliced
- 1/2 loaf of leftover day or week-old crusty bread, torn or cut into 2.5-cm (1-inch) cubes (1 to 1.25 l/4 to 5 cups)
- Tip: If white balsamic vinegar is not available, substitute regular balsamic vinegar.

Preparation:

- In a small bowl, combine walnuts with 15 ml (1 tbsp) of the olive oil. Heat a small frying pan over medium heat. Add oil-coated walnuts, stirring constantly until golden brown, 3 to 5 minutes. Remove from heat, season with salt and pepper and let cool.
- In a large bowl, combine remaining olive oil, vinegar, tomatoes, olives, onion, garlic, shallot and basil. Mix well and let sit for 5 minutes to develop full flavour.
- Add bread and walnuts to salad mixture and toss until well combined.

Serve immediately.

THE CANADIAN PRESS



Superfood: Macademia



The buttery macademia nut is not only heavenly, but healthy.

Containing up to 85 per cent monosaturated fat — the same fat found in olive oil — regular consumption is great for lowering cholesterol and the risk of cardio vascular disease. Macadamias are also a fantastic source of potassium, calcium and magnesium.

O ROMINA MCGUINNESS

40 passengers. 34 degrees. One sweaty ride.

New Sunlight® Deep Clean™ helps remove not only dirt and dried-in stains, but trapped body oils & sweat that the leading laundry detergent can leave behind.









A Deep Clean that will change the way you look at clean™

sports

Quoted

Keeping pace with Will Power

● Edmonton Indy race an important one for Dixon, Franchitti

Scott Dixon and Dario Franchitti, dominant bully boys on the IndyCar block for two years running, plan to make Sunday's Honda Indy Edmonton the first step toward beating series leader Will Power and regaining some lost swagger.

swagger.

"Last year was an exceptional year because Scott and I won over half the races and the championship," Franchitti said in an interview Thursday.

"We haven't managed that kind of domination this year, but we're both in the fight for the championship and we're both hell-bent on bringing that back."

Franchitti won five races last year en route to his second IndyCar championship, but has finished first just once this season — at the Indianapolis 500.

The 37-year-old Scotsman will be fighting to keep pace with Power at the Edmonton event, which features 14 turns and 1.96 miles on the City Centre Airport road course.

Power, with Team Penske, is IndyCar's only multiple race winner in 2010. The 29-year-old from Toowoomba, Australia has taken four checkered flags in the first 10 races this year for 377 points. That's 42 more than second-place Franchitti, and 78 more than third-place Dixon. It's not a substantial lead, considering a win is worth 50 points.

Franchitti has been on the podium five times this year, but has otherwise seen small mishaps keep him from the winner's circle.

"I think on the road and street stuff we've been just a little bit shy with the overall speed of the car, and some of that is definitely the set up," said Franchitti.

"Some races we've just had pretty bad luck. (At) Iowa, we were leading the thing with a very dominant car and we had a gearbox failure (to finish 18th). There's little things like that."

THE CANADIAN PRESS

Port road Notes

The race will be run at 3 p.m. MST Sunday.

Power, who won the Edmonton Indy in 2009, took first place at Sao Paulo, Brazil, and in St. Petersburg, Fla., to open the season. He is coming to Edmonton on a roll, having won the last two races in Watkins Glen, N.Y., and in Toronto.

In 2008, Dixon earned the checkered flag in Edmonton, and won the overall championship.



play next year and I don't know if he knows if he's going to play next year."

"I don't know if

he's going to

MINNESOTA VIKINGS COACH
BRAD CHILDRESS ON
QUARTERBACK BRETT
FAVRE, WHO HE VISITED
RECENTLY



Ames, Mills leading Canadians in tourney

It seems time away from the golf course has done Stephen Ames some good.

Stephen Ames some good. The Calgary resident fired a 3-under 67 to tie Oshawa, Ont., native Jon Mills as the low Canadian Thursday at the \$5.1-million US RBC Canadian Open.

The pair sit tied for 24th and are chasing littleknown Brent Delahoussaye, who opened with a courserecord 8-under 62 at St. George's Golf and Country 99players finished at par or better in the opening round of the Canadian Open on Thursday.

Club. Mike Weir of Bright's Grove, Ont., struggled to a 2-over 72. Weir, who pulled out of Wednesday's pro-am with tendinitis in his right arm, refused to blame his play on the injury.

THE CANADIAN PRESS



Sports in brief

Esks' Peterson to miss 9 games

CFL. Edmonton Eskimos slotback Kamau Peterson will miss the next nine games with a partially torn Achilles tendon.
Team officials announced Thursday they had moved Peterson, the CFL's most outstanding Canadian in 2008, to the nine-game injured list. Peterson had five catches for 45 yards through the

first two games of the season, and spent Game 3 on the one-game injured list.

Hornets star Paul requests trade: Source

NBA. Chris Paul has requested to be traded and the New Orleans Hornets have scheduled a meeting with the star guard on Monday, according to a person familiar with the situation. Paul, 25, cannot opt out of his contract for two years.

Field of Play **SCOTT** RUSSELL



FIELD OF DREAMS

If you build it they will come.

Brunswick's shining new state-of-the-art track and field facility is a revelation to a city, a region and, for that matter, all of Canadian sport. The Moncton 2010 Stadium is

hosting the IAAF World Junior Track and Field Championships and proving the future belongs to those who believe in themselves.

There has been little bickering about the building of this track in this unlikely place and not much quibbling about the investment of \$20 million in young Canadians. It's a different story than that which exists in some of the country's more populous locales.

This is all about a desire to be a part of the action and to ensure this place and these people have the same opportunities as the rest of the country.

It's working.

Thousands have come to see the world's best track and field gods and goddesses, 19 years of age and

vounger. The future stars have responded in kind.

A Canadian long jumper, Tyler Stewart of London, Ont., has produced a bronze medal, Canada's first at this level since the 2006 championships in Beijing. With a brilliant smile, Stewart hit the perfect chord in his post-race inter-

"It's just an honour to compete in Moncton and in Canada," Stewart beamed. "This is the best place to win a medal — at home."

Note that Stewart said at home.

The opportunity that Moncton is offering to Canadian athletes has been working magic in other countries for centuries. It's the chance to flourish in your own backvard.

Decathlete Jared Heldman of Langley, B.C., scored 10 out of 10 personal bests in the biggest competition of his life.

"I learned I love the decathlon," Heldman said

when it was over. "Now I want to win a gold medal at the Pan American

Games.' Lamine Diack, the president of the IAAF, subscribes to what's

happening here. Our task is to find and develop stars in every coun-

try," he said.
"They will not just fall from the moon.'

No they won't. They'll grow and

prosper in a Maritime field of dreams.

DUKE COMPANY

REAL ESTATE AND **IMMIGRATION LAWYERS**

Address 1004, 10080 Jasper Ave, Edmonton

Contact us at:

P 780.761.3853 · F 780.756.6432 · E nahanonu@shaw.ca

HAIR LOSS PROBLEM?

Find the solution to your hair loss problem today,

BEFORE IT IS TOO LATE!

Natural Hair Regrowth With **FU YAN's** Special Treatment System & Chinese Traditional Premium Herbs. (works for Men & Women)

Reasonable, Faster, and Better Results!



Many Albertan's have thanked **FU YAN** RESULTS WITHIN 3 MONTHS.

Some conditions apply

- No Medication No Surgery
- No Side Effects
 No Gimmicks

FU YAN NATURAL HAIR

REGROWTH TREATMENT CENTRE™ Suite 211, 10106 - 111 Ave, Edmonton AB T5T 1T1 TEL: 780-474-8564 FAX: 780-230-0213

If you need to know about trucks... WE CAN TELL YOU

WE SELL NEW & USED

780.940.3350

780.909.9426



2010 RAM 1500 4X4 **OUAD SXT**

#R0818

^{\$}26,998 **59/BW**

2010

RAM 2500

CREW CAB

#R00510. Auto, 4x4

\$36,288



18" Wheels, hands free cell capability,







NO CHARGE CUMMINS TURBO DIESEL ENGINE \$9,245 VALUE!

2010 Truck of the Year DELIVERS HEAVY DUTY VALUE!



2010 JEEP LIBERTY SPORT 4X4

#J00156

NAST TRUCK GANTR

<mark>DIT APPROVAL</mark>: TOLL FREE I-866-284-8222 · LOCAL 780-483-2304





Crossword

Across

1 PC graphics format 4 Future tulip 8 Vagrant 12 Automaton, for

12

15

18

26 27 28

31

34

50

53

- short 13 Duel tool
- 14 Somewhere out
- 15 Cranium 17 Impale
- 18 Walked proudly
- 19 Dine on 21 Marry
- 22 Skillet 26 Wanderer 29 Actor Carrey
- 30 Versifier's praise 31 Panache
- 32 Director's cry 33 Not busy
- 34 The whole enchilada
- 35 Humorist 36 Movie with a clas-
- sic pottery-making scene 37 1966 James Clavell novel
- 39 Swiss canton 40 Mound stat 41 Heinz heiress
- who wed John Kerry 45 Thought
- 48 Collar style
- 50 Harmonization 51 Divisible by two
- 52 Anger
- 53 Netting 54 Withered
- 55 Cornfield comment

Down

- 1 Undergoes a recession
- 2 Harbor town 3 Luminary 4 On - knee
- 9 Frequently 10 Ovine sound 11 Scepter topper 16 Hawkeye

7 Boon

8 Rash

5 Increased

6 Grazing area

20 Branch 23 Game played on

46

- horseback 24 Huge fusses 25 Small salamander
- 26 Tidy 27 Earthenware pot
- 28 Bamako's country 29 Moonshine vessel 32 Hors d'oeuvres

33 Bake eggs

13

35

38

40

16

- 35 Kids' card game 36 "Bonanza" star 38 Cobbler variety
- 39 Say 42 Grand story
- 43 Actress Rue 44 From the begin-
- ning 45 Doctrine 46 Easter purchase 47 Type measures 49 Prior night

➤ Yesterday's answer

14

17

33

36

24 25

43 44

42

52

55

23

19 20

22

39

41

29

32

48 49

51

54

Α	М	М	0		В	U	R	Р		S	Е	С
С	0	Α	L		Α	R	Ε	Α		0	T	L
Н	Α	R	D	D	R	1	٧	Ε		F	R	0
Е	Т	С	Н	Ε	R			Α	С	Т	Е	D
			Α	Ν		В	0	N	U	S		
L	Α	S	Т		Н	R	S		В	0	S	Н
	D	0			Ε	Ε	L			Α	Р	Е
S	0	F	Α		L	Α	0		S	Р	Α	Υ
		Т	W	0	Р	M		С	Ι			
F	Α	С	Е	Т			0	U	Т	Α	G	Ε
Α	G	0		Н	Α	R	D	L	Α	В	0	R
С	U	R		Ε	G	Α	D		R	U	В	S
T	E	E		R	Ε	F	S		S	T	Υ	E

Sudoku

8		4		7	6	2	
				2			3
					8		7
5		3			2	9	
			9				
1	3			6		5	
	8						2
		6					
4	6	1		9		3	
	5	5 1 3 8	5 3 1 3 8 6	5 3 9 1 3 9 8 6	5 3 9 1 3 6 8 6	3 2 9 6 8 6	9 5 8 6 5 5 6 6 6 6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer

2 3 7 4 1 8 5 9 6

look at the weather

SATURDAY

Min 12°

Max 29°

9	7	9	5	4	6	2	5	8
6	2	1	9	8	5	4	3	7
5	4	8	2	3	7	6	1	9

SUNDAY

Min 13

Max 23°

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

To my Kali baby ... my little pepita ... how I can ever thank you for just being here for me ... I would never had known fullness in my life without you ... you will be my naked chef forever! ALL MY LOVE, MAUREEN

HDT — you know your the girl for me! I still get butterflies thinking of you. Love you babe!

GREG "SIGNATURELESS" PARADIS

Beb. about 1 year and 2 months to go before our big day. Can't imagine doing this with anybody else; love VOLU MCH

Fiorella, I can't even begin to tell you how happy you make me. I only hope the words on this page are a start. CHRISTOPHER

Happy 25th birthday baby! I can not imagine a world without you. Love always and forever. PARVEEN

Today's horoscope

T Aries March 21-April 19 You may have been a bit too generous of late and need to rein in your more extravagant tendencies, at least for a while. Will those who benefited from your largesse help you in your hour of need? Don't count on it.

¥ Taurus April 20-May 21 Feelings of self-doubt are perfectly natural, but don't let them get out of hand. The current negative phase will pass quickly and come the weekend you will be on top of the world again.

II Gemini May 22-June 21 If

there is a secret you don't want the world to know about you will have a hard time keeping it under wraps today. Maybe you should own up to

Gancer June 22-July 22

Today it might be an idea not to take too much for granted. Work plans could be subject to sudden disruptions, especially if you have trusted others to take care of the details.

Ω Leo July 23-Aug.23 Tread carefully and don't agree to anything that you are not entirely certain is safe and secure. That applies to financial matters, of course, but also to affairs of the heart.

trol of your fate but it isn't true. Whatever caused this feeling it is unlikely to last more than a few hours, so cheer up.

TV Virgo Aug. 24- Sept. 22 You may feel helpless and believe that you are no longer in con-

metr@news.ca

For today's crossword answers and for expanded horoscopes, go to metronews.ca

 ← Libra Sept. 23-Oct. 23 Don't let anyone talk you into taking on extra work today. You have more than enough to be getting on with as it is and any more will put you under intolerable pressure.

M Scorpio Oct. 24-Nov. 22 YOU cannot possibly keep up the pace you have been moving at these past few weeks. Your mind and your body will send you warnings that you must not ignore. Slow down.

Nov. 23-Dec. 21 Try to see everything that happens today and over the weekend from a wider and higher perspective Little things may be annoving but don't sweat the small stuff

り Capricorn Dec. 22-Jan. 20

FRIDAY

Max 28°

Min 10°

If there is something you need the world to know about. speak up right away. If you leave it even a few hours longer you will lose your nerve and the opportunity will pass.

Aquarius Jan. 21-Feb. 18 Indulge yourself today if you must but don't think that you can go on spending time and money as if they will never run out. Every so often you need to rein in your enthusiasm.

H Pisces Feb. 19-March 20

Don't worry that if you don't take a risk you might miss out — worry that if you do take a risk you might make a major loss. This is not a time to be reckless.

SALLY BROMPTON

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM

Michele McDougall Weather Specialist



You write it!

Write a funny caption for the image to the right and send it to

plav@metronews.ca the winning caption will be published in tomorrow's Metro.





App Store





Adventure! **Teach English Overseas**

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

1.888.270.2941 10037B - 82 Ave · Job Guaranteed! Free info seminar: Aug 3rd Next in-class course: Aug 18th - 22nd





CELEBRATING CANADA'S BIRTHDAY

WITH 30 DAYS OF OUR LOWEST PRICES OF THE YEAR

780.435.361 780.435.361



2010 Dodge 1 Ton Crew Cab 4x4 Cummins Diesel

#AR33753 *Free Dealer Rewards*

\$225 b/w



2010 Dodge Avenger



2010 Dodge Journey

\$17,788 | \$99 b/w \$19,988 | \$110 b/w













2010 Jeep Grand Cherokee

4x4 #AGH5283 *Free Dealer Rewards*

2010 Dodge Dakota Quad Cab 4x4 #ADF9527 *Free Dealer Rewards*

\$131 b/w

Cab 4x4 HEMI #AR14750 *Free Dealer Rewards*

\$**26,988** \$147 b/w

2010 Dodge 1/2 Ton Quad

2010 Dodge 3/4 Ton Crew Cab 4x4 #AR20563 *Free Dealer Rewards*

\$**35,988** \$**196** b/w

2010 Dodge Grand Caravan #AGC4938 *Free Dealer Rewo

\$118 b/w

2010 Dodge Charger

\$120 b/w

\$153 b/w

Derrick Dodge will beat any other dealer's price (all dealer fees induded) upon presentation of competitor's contract signed by authorized personnel. Price must be based on equally-equipped vehicle of the same model year. Derrick Dodge must have the opportunity to beat the deal. See dealer for details.

Disclaimer: Derrick Dodge will beat any other dealer's price (all dealers fees in Advertised prices reflect all rebates to dealer. Payments based on All payments are on approval of credit. 0% financing availe ned by outhorized neconnel. Price must be based on equally equipped vehicles of the same model year. Desirik Dodge must baye the apportunity to beat the deal. See dealer for details. VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED.

OVER 500 USED CARS AND TRUCKS!!! SPECIAL PURCHASES TO CELEBRATE THIS EVENT

DERRICK DODGE USED TRUCK CENTRE? dedicated used truck facility to serve you best.



780.435.3613 780.435.3610

Derrick Dodge Chrysler Jeep on the corner of Argyll Road & Calgary Trail South Quick Gredit Approval Is Just A Phone Call Away www.derrickdodge.com **Quick Credit Approval Is Just A Phone Call Away**



Lexus of Edmonton Pre-Owned - Edmonton's BEST Selection of Luxury Cars

- Lexus of Edmonton Winner of Lexus Canada's Pursuit of Perfection Award 4 years consecutive
- Posh people cars at normal people prices
- Lexus, BMW, Mercedes, Audi, Acura, Infiniti
- "I think your dealership is the most personable one that I have had the pleasure of dealing with... Again, thank you so much for all your help. I know I will be very happy with this car." Vanessa W.
- "WOW, what an incredibly smooth and enjoyable experience. We bought a Pre-Owned RX-350 recently. We were able to use the website to research it, and when we actually walked into the dealership, dealing with Stuart was like talking to a long time friend. He was very professional; there was no pressure. Allowing us to take the vehicle home over the week-end really sealed the deal. Besides getting a wonderful vehicle, we had the best car-buying experience we have ever had." Bill & Wendy



2009 Lexus ISF
BL751 | 7,400 kms
\$65,995 + applicable taxes
8 licensing fees





2007 Mercedes SLK350
BL913 | 18,000 kms
\$45,780 + applicable taxes 8 licensing fees



2009 Audi A4
BL949 | 17,000 kms
\$41,780 * applicable taxes * licensing fees

www.drivealexus.ca | 1-800-466-8300

